

F.No. NCTE-CDN/

Date: 16.06.2023

**Subject: To celebrate Ninth International Yoga Day (IDY) on 21<sup>st</sup> June 2023**

**Madam/Sir,**

The Ministry of Ayush (MoA) aims to maximize participation in the 9th International Day of Yoga (IDY- 2023). The campaign aims to promote and disseminate knowledge and practice of Yoga among the people, at the national level, for the improvement of their health and well-being.

2. Theme of this 9<sup>th</sup> IDY is '**Yoga for Vasudhaiva Kutumbkam**', to showcase the transformative power of yoga in fostering global unity and harmonious coexistence.

3. **All Teacher Education Institutions (TEIs)** are advised to conduct activities to celebrate Ninth International Yoga Day (IDY) based on the theme '**Yoga for Vasudhaiva Kutumbkam**'. The following are the suggestive activities:

1. Yoga Fusion/Demonstration
2. Yoga Rhythmic Performances
3. Competitions like Quiz/Elocution
4. Poster Presentation
5. Y Break & CYP (Common Yoga Protocols)

**General Guidelines:**

1. The participating TEIs in every locality may share information about the activities on their social media handles on regular basis. Also, awareness may be spread through print & electronic media.
2. Maximum participation of teachers/students and parents may be ensured at every venue.
3. Also, kindly the google form on the link given below:  
[https://docs.google.com/forms/d/e/1FAIpQLSfrmDjuTFFdOLWewU15GzVufDcs5da8BgRuvDrxWyoM6mAWuw/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSfrmDjuTFFdOLWewU15GzVufDcs5da8BgRuvDrxWyoM6mAWuw/viewform?usp=sf_link)
4. All the TEIs under the jurisdiction of NCTE are requested to initiate the necessary action for organizing IDY 2023 in a successful manner.

Best Wishes,

  
(Mukesh Kumar)  
Under Secretary, NRC

To,

The Vice-Chancellors/Principals of all Teacher Education Institutions.